Example 1: Solve by isolating the expression.

$$
\sin x-\sqrt{2}=-\sin x
$$

Example 2: Solve by extracting square roots.

$$
4 \sin ^{2} x-3=0
$$

Example 3: Solve by factoring.
$\sin ^{2} \mathrm{x}=2 \sin \mathrm{x}$

